



PARENTAL ALIENATION AWARENESS
ASSOCIATION OF IRELAND
Information sheet

Parental Alienation – Contact – First 7 Hours

Revised: May 2014 - Approved

One Page Only

Other Information Sheets

This sheet is part of the Contact series. All the information sheets on “Contact” should be read together.

Supporting

The summary on this page is supported by studies done by amongst others:

1. International Breastfeeding Centre
2. Healthy Children Project
3. Natural Child Project
4. Kentucky Prison Research
5. Virginia Commonwealth University
6. US Centre for disease control
7. Rotunda Hospital
8. National Centre for disease control
9. US National Library for Medicine
10. and at least 100 more

Child Protection Concerns

It is more economical in the long term to have seven strong security guards present to protect a new born baby for seven hours, than to remove the child from the mother's care, paying for the consequences of “protecting and rehabilitating the child” in later life.

The usual excuse of social workers is to “protect the mother and child from bonding where the child is to be removed to foster care”. The truth is, the long term damage to the child is immense. If the social worker have sufficient knowledge and do a proportionality study, the “accepting into care” will wait.

Skin to skin contact

All attempts should be made to get the baby skin to skin with the mother, within seven minutes after birth. Skin to skin is what is said: Naked baby (perhaps nappy) on the skin of the mother, at her breasts.

This position should be maintained for at least an

hour, better, up to 3 hours, followed by near, or if possible extended skin contact for at least 7 days. (See information sheets on 7 days and 7 years).

Advantages - short term

Baby is warmer, calmer, can hear their mother's heartbeat, heart, blood pressure and breathing rates are normalized, milk supply may be improved, more likely to latch on well, has higher blood sugar, Is less likely to cry, is more likely to breastfeed exclusively and breastfeed longer. (See also pamphlet on Kangaroo therapy).

Advantages – Medium term

Child will be healthier, more obedient, better relationship with parents, socially and academically improved.

Advantages – long term

In summary – less PA adult outcomes. (see studies).

Skin to skin not possible

If for medical reasons on the baby's condition skin to skin is not possible, touch and voice contact should be as often as possible, e.g. mother near and touching through incubator hole, nurse touching during surgery, familiar sounds like mother's favourite music listened to during pregnancy. Use common sense.

Alternative skin to skin

If for any reason the mother is not available, the skin to skin should be done by a friend or family member, preferably the father of the child. (See pamphlet Spouse, Parent or Partner).