



**PARENTAL ALIENATION AWARENESS
ASSOCIATION OF IRELAND
Information sheet**

Parental Alienation – Contact – to 21 Years old

Revised: May 2014 - Approved

One Page Only

Other Information Sheets

This sheet is part of the Contact series. All the information sheets on “Contact” should be read together.

Foster, hospital or other care

The contact levels for children in care of the state should be set at least to the minimum levels for a “secondary” parent. Indirect contact should be allowed except where the court ruled otherwise.

18 or 21

As most trustworthy resources used in drafting

this document originate from jurisdictions where the age of adulthood is 21, said guidelines were used. I do suggest that the average between 14 years and 21 years is used for the age 18, as needed.

Contact Times

The table shows the different types of contact, the suggested minimum and the alienation (abuse) level that should be in place. (Values given in hours per week). The mother is usually the primary carer, the father secondary, but the roles may be reversed.

Hours per week at:	At 7 Years		At 14 Years		At 21 Years	
	Minimum	Abuse	Minimum	Abuse	Minimum	Abuse
Palpable Primary	14 hours	7 hours	10.5 hours	3 hours	2 hours	Not known
Palpable Secondary	7 hours	1.75 hours	5.25 hours	3 hours	2 hours	Not known
Visual Primary	21 hours	7 hours	14 hours	7 hours	1 hours	Not known
Audio Primary			7 hours	3.5 hours		
Visual Secondary	10.5 hours	3.5 hours	1.75 hours	0.5 hours	1 hours	Not known
Audio Secondary			1.75 hours	0.5 hours		
Grieve level Primary	After 12 hours		After 72 hours		After 7 days	
Grieve level Secondary	After 24 hours		After 72 hours		After 7 days	

Indirect contact

SMS, delayed video, social media and other forms of indirect contact should be freely allowed but regulated to certain times of the day during the school week.

As smart-phones are used, care should be taken about uncontrolled access to the internet, video games and resulting negative effects.

Encourage contact

In Ireland, a child should be compelled by active

encouragement to keep contact with the absent parent, until the age of 18. In all cases “Deployed parent contact” should be well in place.

Increased Contact

When a child, or young adult is experiencing any type of stress, contact should be increased and be available at the will of the child. Example situations: After accident, death, other emotional upset, pregnancy.

Access on special occasions should never be refused. Examples: First Holy Communion, Confirmation, weddings, funerals, anniversaries etc.